



“Developing
Friendships that
Lead to Spiritual
Growth”

THE MISSION OF SMALL GROUPS

Our mission is to develop friendships that lead to **spiritual growth**.

We Believe that **Spiritual Growth** is achieved by incorporating each of these 4 "Pillars" into our daily lives:

- ◆ Genuinely **ENCOUNTERING** Jesus
- ◆ Honestly **EVALUATING** yourself
- ◆ Authentically **ENGAGING** in healthy relationships
- ◆ Sincerely **EXPRESSING** your love through serving

As we live our lives practicing these things we will continue to grow closer to Christ.

Everything we do in our Small Groups Ministry is created with this goal in mind.

Frequently Asked Questions

What is a Small Group?

A Small Group is a home fellowship made up of 10-14 people who meet weekly to share, study, and support one another. A trained leader and host lead each group. An average meeting lasts for an hour and a half, followed by light refreshments.

How Important Are Small Groups?

Small Groups are one of the most important aspects of our church. They're the place where real ministry of the church takes place. It's where we study God's Word while also supporting and sharing our lives with one another. Our goal each year is to have at least 80% of our adults involved on a weekly basis.

When and Where Do They Meet?

Small Groups meet on various nights of the week in homes throughout Southern Maine and beyond. Some groups meet at the church as well. Most evening groups meet 6:30-8:30 pm. Times vary for groups that meet during the day.

How Long is each semester?

Each Small Group session lasts 8-10 weeks. We have Fall, Winter & Spring sessions. At the end of each session, you will have the choice of staying in the same group, trying a new group or even taking a break. Most groups stay together throughout the entire year. Small Groups do not meet June through August.

What is the Required Commitment?

Joining a Small Group requires 10 weeks of committed attendance and weekly homework. Obviously, allowances are made for sickness, vacation, work conflicts and other special events. This commitment is the key to a strong Small Group. The first three weeks give opportunity to attend the group to make sure it's a good fit for you. At that point, each group member will make a commitment to finish the semester.

Frequently Asked Questions, Cont...

What will We Study?

Most of the studies are based on the previous weekend's message. These "sermon-based" Small Groups are built on what we call a "Lecture-Lab" model. Imagine the weekend message as a lecture on Christian living, and the Small Group as a lab where you get to roll up your sleeves and discuss how the weekend's message works in real life. Each week there will be a series of Bible passages and questions on the back of the sermon note sheet to study before the meeting.

What About Child Care?

Small Groups are for adults only. (Exceptions can be made for nursing newborns, up to six months.) We leave it up to each family to work out their own child care. Sometimes it works best for families to share a sitter or to swap child care with another family who's Small Group meets on a different evening. Child care is available for our Sunday Night Family Groups. There are 3 groups that meet on Marriage, Parenting, and Finances. These groups gather from 3:30-5:30 pm on Sunday nights.

How Do I Choose A Group?

When selecting a group, we strongly recommend you choose a group based on its leader-host team, rather than its location. Over the years, we've found that groups do best when members share a common station-in-life and other interests with their leaders, hosts, and other group members. In the end, you'll find it's worth the drive!

If you have any questions (especially if you are new to New Life Church), please don't hesitate to call the church, and we will gladly assist you. Keep in mind that it might take some time to find the perfect Small group, but you will know that it's worth the wait!

How Do I Sign Up For A Small Group?

We offer sign-ups for Small Groups during the weekend services before each of our Small Group Sessions begin. There are Small Group Staff members available at the sign-up booths to help you choose a group and answer any questions. Also, you can call the Small Group office at any time to speak to the Small Group pastor who can assist you in finding and signing up for a group, or answer any questions. Call 207-284-4840



Dear New Life Friends,

I am so excited about the possibilities for every person to be connected to a small group.

In your hands is our small group directory. I hope this will help each of you find a place to share life together. We know that living the Christian life is so much more than simply attending a weekend service. Real life happens outside the walls of the church. Small groups are a way to connect yourself with others who will help you on your walk with God.

No matter where we are in our journey, it is always a bit easier if we are living life in a group of friends. That is why I encourage every person at New Life to dive into a small group.

This directory should make it possible to find a place where you can build relationship with Christ and others. Just find a group you are interested in and send the leader an email or give them a call. Take the time to become a part of what God is doing at New Life. You will not regret it! God Bless You!

Discover 101

What does it mean to be a member of New Life Church? Whether you are a long time member or brand new to New Life, this 4-week class will help you better understand who WE are and how YOU fit! There are 2 courses being taught this fall. Both are exactly the same and are taught by **Pastor Jeff** on Sunday mornings. Join at any time and catch all 4 classes. This is a great opportunity to meet new people and find out what New Life is all about!



Day: Sundays
Time: 10-11 am
Place: New Life Church
Open to: All
Class #1: Oct. 3rd - 24th
Class #2: Nov. 7th - 28th

FMI Contact Pastor Matt @ 207.284.4840 or matt.osgood@newlifemaine.org

Sermon Based Small Groups

Sermon Based Small Groups narrow the focus by **amplifying** and **applying** the message given each weekend. It's here that you'll anchor your life to other believers and the Word of God.

Here's how it works:

Each weekend you will get sermon notes / discussion guides with your bulletin. Take notes during the sermon, and then spend some time during the week (before your group) filling out the discussion guide. Your group leader will use the discussion guide as, well, a discussion guide!

The following pages list the groups being offered this semester. Sign up today and build relationships that will take you higher in your walk with God!

Sermon Based Small Groups

Mark & Deb Rix

Mark and Deb Rix have been married for 32 years! They have 3 beautiful daughters, 2 grandsons, and 1 granddaughter. They love to hike, swim, camp and enjoy God's beautiful outdoor creation.



Day: Sundays
Time: 4:30-6:30 pm
Place: Their Home in Acton
Open to: All
Begins: October 3rd

Contact Info:
207-636.3958
whisper@metrocast.net

Ken & Marie Quarry

Ken and Marie Quarry have been married 40 years. They have two adult boys, a wonderful daughter-in-law, and two grandchildren. They love the Lord and enjoy spending their time celebrating Him with others. They have lived in Cape Elizabeth for 28 years.



Day: Wednesdays
Time: 6:30-8:30 pm
Place: Their Home in Cape Elizabeth
Open to: All
Begins: September 22nd

Contact Info:
207-799-2581
kquarry@verizon.net

Sermon Based Small Groups

Tammy DeHetre

Tammy is a single woman who is totally in love with Jesus. She has a daughter and son-in-law as well as a 10-month-old grand-daughter. She loves reading and taking walks by the ocean. She spends most of her spare time with her grand-daughter.



Day: Mondays
Time: 6:30-8:30 pm
Place: New Life
Open to: Women
Begins: September 20th

Contact Info:
207-229-2900
aslnewlife@hotmail.com

MaryAnn Contois

MaryAnn and her husband Paul have been married for 26 years and have a 16 year old son. She enjoys cooking, walking, and reading books about our Lord that help in her spiritual growth. Her interest is in seeing New Life continue to grow in many friendships through small groups.



Day: Tuesdays
Time: 9:00 - 11:00 am
Place: Her Home in Biddeford
Open to: Women
Begins: Sept. 21st

Contact Info:
207-282-7314
pmr@gwi.net

Sermon Based Small Groups

Sharon Michaud

Sharon and her husband, Anthony, have been married for almost 17 years. They have five children ranging from a pre-schooler to a freshman in high school. She enjoys spending time with her family connecting with other ladies, running, and praying.



Day: Wednesdays
Time: 9:00 - 11:00 am
Place: Her Home in Saco
Open to: Women
Begins: Sept. 22nd

Contact Info:
207-282-2381

amichaud43@maine.rr.com

Carlene Cyr

Carlene and her husband Paul have been married for 43 years. They have two adult sons. She has a heart for women's ministry and is active in Women's Aglow. She also serves with her husband in the Full Gospel Business Men's Fellowship. She is a long-time small group leader at New Life.



Day: Tuesdays
Time: 6:30-8:30 pm
Place: New Life
Open to: Women
Begins: September 21st

Contact Info:
207-934-0546

carlenecyr33@yahoo.com

Sermon Based Small Groups

Matt & Alicia Osgood

Matt and Alicia have been married for six years. They have 3 young children ages 4, 2, and 9 months. Matt enjoys hunting, cycling, and spending time with his family. Alicia has a heart for missions and enjoys traveling. She mostly loves taking care of her three wonderful children.



Day: Wednesdays
Time: 6:30 - 8:30 pm
Place: Phil & Mary
Berthiaume's Home in Arundel
Open to: Young Couples
Begins: Sept. 22nd

Contact Info:
207-284-3722
matt.osgood@newlifemaine.org

Dave & Kacie Sylvain

David and Kacie Sylvain have been married for 4 years and currently live in Biddeford. They have three wonderful children — Noah (3), Judah (2), and Olivia (due in January). They enjoy having people to their house and getting to know new people. In their spare time Dave enjoys reading and Kacie enjoys cooking. They love the Lord with all their hearts, love guiding their children, and being a part of the Body of Christ.



Day: Fridays
Time: 6:30 - 8:30 pm
Place: Dan & Amy Racz's Home
in Biddeford
Open to: Young Adults
Begins: Sept. 24th

Contact Info:
207-229-5586
daveycoombs@gmail.com

Music Groups

Heart Strings

Hey Men! Grab your guitars and head on over to Midtown Music in Biddeford! We will explore different ways to play the chords necessary to play today's worship music. This group will focus on songs currently being played at New Life. Come share life through a heart of worship. This group is limited to six, so sign up today!

Leader: Nick Noiseux
207 282-0254

nick@nicksmidtownmusic.com

Day: Fridays
Time: 6-8 pm
Place: Midtown Music
in Biddeford
Open to: Men
Begins: Sept.24th



**Having trouble finding the
right group for you?**

Contact Pastor Matt at
207-284-4840

or

matt.osgood@newlifemaine.org

Sunday Night Family Groups

“Unless the Lord builds the house, its builders labor in vain.”

Psalm 127:1

Family is the foundation upon which lives are built. It is when a family relies upon the principles of the Word of God that each individual can live out their God-given purpose. It is with this conviction in mind that we have established our Sunday Night Family Groups. It is a night for people to come together to learn the principles of the Bible as it relates to **finances, marriage, and parenting**. These 3 areas represent the majority of our time and focus as individuals, parents, and spouses. It is vital that we know the heart of God on these topics. Sign up for one of these classes today and let God revolutionize the way you relate as a family. **New Life will provide free childcare for the duration of the classes to make it accessible to all those who are willing to attend.**

(We will take an offering on the first night of classes to help offset the cost of the childcare)

Love and Respect

Communication between a husband and wife is often frustrated because of the different ways in which men and women perceive love. Women are wired to need unconditional love and men need to feel unconditionally respected. Revitalize the love in your marriage by taking this 7 week DVD study. Don't miss this incredible opportunity to forever change your marriage.

Day: Sundays
Time: 3:30-5:30pm
Place: New Life
Open to: Married Couples
Begins: October 3rd
Cost: \$13 for workbook

Leaders: Rheo and Lisa Fecteau
207.590.5494
lisa.fecteau@newlifemaine.org



Sunday Night Family Groups

Parenting on Purpose

As parents, our primary focus during early childhood should be our children's hearts and not simply their outward behavior. The human heart requires attention, and that is the focus of early training...there is something in a child's heart to which parents need to direct their attention.

We have lots of fun, great discussions, a great support group, and of course...FOOD!

Day: Sundays
Time: 3:30-5:30pm
Place: New Life
Begins: October 10th
Open to: Parents of young children

Leaders: Jim & Carol Ouellette
207-499-2526
jim.ouellette@keane.com



Financial Peace University

Pinching Pennies? Would you like to tell your money where to go instead of wondering where it went? Do you struggle to make ends meet every month? Would you like to eliminate debt and live in financial peace? Apply the principles in F.P.U. and you will be on your way. Learn about debt reduction, making wise purchasing decisions, saving for emergencies and much more.

Day: Sundays
Time: 3:30-5:30pm
Place: New Life
Begins: October 3rd
Open to: All
Cost: \$99.51 for FPU materials

Leaders: Fred & Linda Shaw
603-679-5625
flshaw@myfairpoint.net



Study Groups

Finding Hope

(Hosea, Micah, Nahum, Habakkuk, Zephaniah)

In this study we will look at five of the prophets who ministered to both the northern and southern kingdoms before the exile of the southern kingdom to Babylon. Although God commissioned His prophets to preach unique messages to different audiences, He gave them a common theme: **hope when life seems dark**. In this study we will discover the light of God's truth shining even in the darkest circumstances.

Day: Tuesdays
Time: 6:15 - 7:45 pm
Place: New Life
Open to: Everyone
Begins: Sept. 28th
Cost: \$10



Leader: Lisa Baker
207-282-4887

whollydevoted@maine.rr.com

Beginnings & Promises

In Beginnings and Promises we will study the first 22 chapters of Genesis — from creation to the life of Abraham. In addition to class discussion, there will also be a video presentation showing scenes from the many stories outlined in Genesis. Emphasis will be made in showing the types outlining the person of Jesus in Genesis and how and why the promises God made in Genesis apply to us today.

Day: Sundays
Time: 6-8 pm
Place: New Life
Open to: Everyone
Begins: Sept. 26th



Leaders: Bob & Ginny Small
207-883-5626

bobandginny1971@maine.rr.com

Study Groups

Revelation

Part 1 – Letters to the 7 Churches

In this study of the book of Revelation we will take an in depth look at the seven letters to the seven churches of Asia Minor. Jesus' words are as relevant today as they were then! We, as the body of Christ, the church, need to know God's heart for the church as revealed in the book of Revelation!

Day: Thursdays
Time: 9:00 - 11:30am
Place: New Life
Open to: Everyone
Begins: Sept. 23rd
Cost: \$23

Leader: Susan McCarron
207-967-4296
suny@roadrunner.com



Bait of Satan

The Bait of Satan, by John Bevere, is a book that exposes one of Satan's most deceptive snares used to pull believers out of God's will. It is the trap of offense. Jesus said, "It is impossible that offenses will not come" (Luke 17:1). Most people who are ensnared by the bait of Satan don't even realize it. You *will* encounter offense, and your response will determine your future. You can be delivered from the bait of Satan, stay free from offense, and escape the victim mentality.

Day: Wednesdays
Time: 6:15 - 8:15 pm
Place: New Life
Open to: Everyone
Begins: Sept. 22nd

Leaders: Dwight & Yvette Dean
207-284-8856
ydean@maine.rr.com



Ongoing Groups

Keenagers

For those who are young at heart
and mighty keen in spirit!

OUR MISSION

- To help the senior adults find their gifting and calling in the body of Christ and to then to help them activate and implement their those gifts.
- To affirm the young, (impart wisdom)
- Tell your stories (impart knowledge)
- Pray for each other (activation)
- Build lasting relationships.

Leaders: Marty & Jody Wendt
207.439.3197
mrs828@comcast.net

Join us for our
Monthly Brunch!
Day: 2nd Saturday of
each month
Time: 9:30 - 11:30 am
Place: New Life
Open to: Adults 55+



The Most Excellent Way

The Christian Solution to
Chemical Dependency

Is your life dominated by addiction and/or compulsive behavior? Has your life been negatively affected by a loved one's self destructive behavior? The Most Excellent Way is the way to freedom through Jesus Christ. Come join us and break the chains of bondage and experience the transforming power of the Holy Spirit.

Leaders: Rick & Nikki Crowell
207.284.6244
nikkicrwl@yahoo.com

Day: Thursdays
Time: 6:30-8:00 pm
Place: New Life
Room 111
Open to: All
Begins: Ongoing



Prayer Groups

Hope for a Nation that Prays

**“Blessed is the Nation
whose God is the Lord”**

There is a calling deep in our hearts for a spiritual awakening in America. We are a people of destiny and He has raised up this nation for the well-being of the entire earth. Join us as we go to the Lord in prayer for our nation, it's leaders, and the Church in America.

Day: Sundays
Time: 9:00 - 10:00 am
Place: New Life
Open to: Everyone
Begins: Sept. 26th

Leaders: Bob & Doris Olberg
603-552-3884
bobdoris.olberg@myfairpoint.net



Men's Prayer

Men of New Life! Join us early on Sunday mornings as we set the ground-work for God to move. We meet early and pray hard. God is in our midst as we lift up our pastors, church, community, and the world.

There are two separate groups that meet. The first group is led by Larry Patoine and the second group is led by Pastor Jeff.

Day: Sundays
Time: 1st Group 5:30 - 6:30 am
2nd Group 6:30 - 7:15 am
Place: New Life
Open to: Men
Begins: Ongoing

Leader: Larry Patoine
207-283-9272
ljpat1@maine.rr.com



ENCOUNTER

Journey to freedom

Encounter is a journey to set people free from the hindrances of their past and into the fullness of the Father's love.



Commit yourself to this course, and watch what God will do in you! You will never be the same again!

Encounter is a 12 week course with a weekend retreat included.

Men's Encounter: Will be on Thursday nights at 6:30 beginning on Sept. 16th The weekend retreat is Oct. 8-10

Women's Encounter: Will be on Wednesday nights at 6:30 beginning on September 8th. The weekend retreat is Oct. 1-3.
This semester of women's encounter is currently full.

Space is limited. Contact each leader to find out more.



Men's Leader:

Mike Butler—207.590.3209
notyourbutler@yahoo.com

Women's Leader:

Dottie Welsh—207.929.6652
revwelsh@gmail.com

CORE

Leadership Development

At the heart of every great church you will find people who are the “CORE”. They give. They serve. They sacrifice. They do this because of their love for God and for His church.

We want to celebrate these people here at New Life. If you serve in any capacity this is a time specifically for you. This is a time of encouragement, a time of inspiration, a time of celebration, and camaraderie.

At CORE, we will not only grow in our leadership skills, but we will be mutually be inspired to continue running the race that is set before us.

After the meeting we will have a time of fellowship with pizza and drinks. Free childcare is also provided for these events.

Thanks so much for being a part of ministry here at New Life!

Dates:	Sunday, September 19th Sunday, November 14th
Time:	6:00 - 7:30 p.m.
Place:	New Life Auditorium
Open to:	Anyone who serves at New Life

